



Sports Massage | Rehab Therapy  
Posture Alignment | Joint Mobilisation

Injury Management  
Taping + Strapping  
Strength and Conditioning

**Proven treatment**  
Helping thousands  
to recover

call 08435 230 530 email [info@pulsetherapy.co.uk](mailto:info@pulsetherapy.co.uk)  
24/7 online booking [www.pulsetherapy.co.uk](http://www.pulsetherapy.co.uk)  
Devon Hills Health Club, Totnes Road, Paignton, TQ4 7PW



# pulse therapy

clinical sports therapy and massage

Registered Sports Therapists

Injury Care &  
Rehabilitation Specialists



## Sports Therapy

- Muscular, Joint & Nerve Conditions
- Post-operative Rehabilitation
- Neurological Therapy
- Paediatric Therapy

### Offering:

**Pain Relief** using Manual Therapy; joint and soft tissue mobilisation / manipulation, trigger point therapy, myofascial release & ultrasound therapy

**Sport Specific Therapy** to help you maximise your potential and achieve your goals. Strength and conditioning to get the most from your body

**Corrective Exercise Prescription**  
Muscle strengthening, flexibility and postural correction

We work with your GP, leading consultants, industry specialists and sports instructors so you can achieve maximum recovery

### Sports Therapy Prices

Consultation ..... Complimentary

30 min Treatment ..... £25

60 min Treatment ..... £40

consultation included on every first visit

Senior Therapists / Speciality Appointment  
£5 addition to standard rates

### Classes

Therapist led courses and classes .....

Please ask for prices and schedules



Ask about our Pulse Performance treatment package plans. We have some great retailer discounts included for our package members.

 **HEALTHSHIELD** Sports Insurance Plans  
WE'VE GOT YOU COVERED Approved Clinic

 **MYPROTEIN**

 **Love Rugby**